

# April 2008

## Classes & Events at Atisha Buddhist Centre

Monday	Tuesday	Wed.	Thursday	Friday	Saturday	Sunday
<b>31</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
		<b>FP Program</b> 6:00 – 10:00 pm	WFJ Puja 5:30 - 6:30 <b>General Program</b> <b>Stages of Path to Enlightenment</b> 7:00 – 9:00 pm	Morning Meditations 10 – 11 am Free Lunchtime Meditations 12:15-12:45 WFJ Puja with Tsog 5:30 - 6:30	Quick Path to Great Bliss 8:00 – 10:00 am  <b>Powa</b> <b>(Prayers for the deceased)</b> <b>1:00 - 1:45</b>	<b>Meditations for World Peace</b> 10:00 – 11:00
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
Morning Meditations 10 – 11 am Free Lunchtime Meditations 12:15-12:45 WFJ Puja 5:30 - 6:30	WFJ Puja 5:30 - 6:30  <b>General Program</b> <b>Training the Mind (Tibetan: Lojong)</b> 7:00 – 9:00 pm	<b>FP Program</b> 6:00 – 10:00 pm	<b>Offering to the Spiritual Guide</b> 1-3pm WFJ Puja 5:30 - 6:30 <b>General Program</b> <b>Stages of Path to Enlightenment</b> 7:00 – 9:00 pm	Morning Meditations 10 – 11 am Free Lunchtime Meditations 12:15-12:45 WFJ Puja with Tsog 5:30 - 6:30	Quick Path to Great Bliss 8:00 – 10:00 am  <b>Powa</b> <b>(Prayers for the deceased)</b> <b>1:00 - 1:45</b>	<b>Meditations for World Peace</b> 10:00 – 11:00
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
Morning Meditations 10 – 11 am Free Lunchtime Meditations 12:15-12:45 WFJ Puja 5:30 - 6:30	WFJ Puja 5:30 - 6:30  <b>General Program</b> <b>Training the Mind (Tibetan: Lojong)</b> 7:00 – 9:00 pm	<b>FP Program</b> 6:00 – 10:00 pm	WFJ Puja 5:30 - 6:30  <b>General Program</b> <b>Stages of Path to Enlightenment</b> 7:00 – 9:00 pm	Morning Meditations 10 – 11 am Free Lunchtime Meditations 12:15-12:45 WFJ Puja with Tsog 5:30 - 6:30	Day Course: <b>Discover the Wheel of Life</b> <b>9:30 – 2:00</b> <b>\$35</b>	<b>Meditations for World Peace</b> 10:00 – 11:00
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
Morning Meditations 10 – 11 am Free Lunchtime Meditations 12:15-12:45 WFJ Puja 5:30 - 6:30	WFJ Puja 5:30 - 6:30  <b>General Program</b> <b>Training the Mind (Tibetan: Lojong)</b> 7:00 – 9:00 pm	<b>FP Program</b> 6:00 – 10:00 pm	WFJ Puja 5:30 - 6:30  <b>General Program</b> <b>Stages of Path to Enlightenment</b> 7:00 – 9:00 pm	Morning Meditations 10 – 11 am Free Lunchtime Meditations 12:15-12:45 <b>Offering to the Spiritual Guide</b> 7-9pm	Quick Path to Great Bliss 8:00 – 10:00 am  <b>Powa</b> <b>(Prayers for the deceased)</b> <b>1:00 - 1:45</b>	<b>Meditations for World Peace</b> 10:00 – 11:00
<b>28</b>	<b>29</b>	<b>30</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
Morning Meditations 10 – 11 am Free Lunchtime Meditations 12:15-12:45 WFJ Puja 5:30 - 6:30	WFJ Puja 5:30 - 6:30  <b>General Program</b> <b>Training the Mind (Tibetan: Lojong)</b> 7:00 – 9:00 pm	<b>FP Program</b> 6:00 – 10:00 pm	WFJ Puja 5:30 - 6:30  <b>General Program</b> <b>Stages of Path to Enlightenment</b> 7:00 – 9:00 pm	Morning Meditations 10 – 11 am Free Lunchtime Meditations 12:15-12:45 WFJ Puja 5:30 - 6:30	Quick Path to Great Bliss 8:00 – 10:00 am  <b>Melodious Drum</b> <b>1:00 - 5:00</b>	<b>Meditations for World Peace</b> 10:00 – 11:00



Atisha Buddhist Centre  
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[www.meditateinthebeaches.org](http://www.meditateinthebeaches.org)

